



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# POOL SCHEDULE

MARCH 1-MARCH 31

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p><b>Pool Cleaning Wednesdays</b></p> <p><b>CLOSED from 11-Noon</b></p>	<p><b>H2O Cardio</b> 5:30-6:30 a.m. <b>Pool Closed</b></p>	<p>5:30 a.m. till 6 a.m. Open Lap Swim</p>	<p><b>H2O Cardio</b> 5:30-6:30 a.m. <b>Pool Closed</b></p>	<p>5:30 a.m. till 6 a.m. Open Lap Swim</p>	<p><b>H2O Cardio</b> 5:30-6:30 a.m. <b>Pool Closed</b></p>	<p><b>Open Swim 7 a.m.</b></p>	<p><b>Open Swim 1 p.m.</b></p>
	<p>Lap/Open Swim <b>6:30-8:30 a.m.</b></p>	<p>Lap/Open Swim <b>6-8:30 a.m.</b></p>	<p>Lap/Open Swim <b>6:30-8:30 a.m.</b></p>	<p>Lap/Open Swim <b>6-8:30 a.m.</b></p>	<p>Lap/Open Swim <b>6:30-8:30 a.m.</b></p>		
	<p>Aqua TNT ½ Open No Lap <b>8:30-9:15 a.m.</b></p>	<p>H2O Cardio <b>Pool Closed</b> <b>8:30-9:15 a.m.</b></p>	<p>Aqua TNT ½ Open No Lap <b>8:30-9:15 a.m.</b></p>	<p>H2O Cardio <b>Pool Closed</b> <b>8:30-9:15 a.m.</b></p>	<p>Aqua TNT ½ Open No Lap <b>8:30-9:15 a.m.</b></p>		
	<p><b>Open Swim 9:15 till 5:30 p.m.</b></p>	<p><b>Open Swim 9:15 a.m. till 4:30 p.m.</b></p>	<p><b>Open Swim 9:15 till 11:00 a.m.</b></p>	<p><b>Open Swim 9:15 a.m. till 4:30 p.m.</b></p>			
<p>Youth ages 6 and up may use the hot tub and sauna anytime with adult supervision. Children 5 and under may not use these areas at anytime. Toys are available for use by members during all open hours if patron usage permits.</p>			<p><b>Pool Cleaning Closed 11-Noon</b></p>			<p><b>Pool Closed at 4:45 p.m.</b></p>	<p><b>Pool Closed at 4:45 P.m.</b></p>
		<p>Swim Lessons 4:30-6:00 p.m. <b>Pool Closed</b></p> <p>Hot Tub &amp; Sauna Open</p>	<p><b>Open Swim from Noon till 5:30 p.m.</b></p>	<p>Swim Lessons 4:30-6:00 p.m. <b>Pool Closed</b></p> <p>Hot Tub &amp; Sauna Open</p>			
<p>Outside group use, parties and etc. can require the use of the deep water ropes and the removal of the lap lane on short notice.</p>	<p>H2O Cardio 5:30-6:15 <b>Pool ½ Open</b> <b>6:15-8:45 p.m.</b></p>	<p><b>Open Swim 6:00-8:45 p.m.</b></p>	<p>H2O Cardio 5:30-6:15 <b>Pool ½ Open</b> <b>6:15-8:45 p.m.</b></p>	<p><b>Open Swim 6:00-8:45 p.m.</b></p>	<p><b>Open Swim 9:15 a.m. till 7:45 p.m.</b></p>		

**Forest City Y**  
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The pool will close at 3:45 p.m. on Friday, March 30<sup>th</sup>.