



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

RUN PASS SCORE

4th-6th Football

- **Summer Football Camp for Grades 1-6**
- **4th Grade Padded Football Program**
- **5th/6th Padded Football Program**



Forest City Y
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www.forestcityymca.org
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JULY 10 PRE- REGISTRATION DEADLINE

The Forest City Y is excited to announce our summer and fall football programs for **youth grades 4-6**. The Y football programs are designed to teach the skills, fundamentals, teamwork and sportsmanship needed in the game of football.

Forest City Y Padded Football League Registration Information

- **To comply with league rules, please pre-register with partial payment of \$40 by July 10, 2017. This will allow the Y to let the league know how many teams we will include.**
- Register in person at the Forest City Y or online (members) at www.forestcityymca.org.
- Rosters/schedules/padded football registration packets are available at www.forestcityymca.org/youth_sports or at the Y.
- See the reverse side of this flyer for more information!

Summer Football Camp

Come to the Y for a fun football camp in July! Fundamentals of stretching, defense, passing and catching will be stressed. A great way to have fun and prepare for fall football.

- July 20 & 21
- Children entering grades 4-6, 10:30-12:00 p.m.
 - \$30/member, \$45/guest
- Children entering grades 1-3, 9:00-10:30 a.m.
 - \$30/member, \$45/guest



HUSTLE HIT NEVER QUIT

Padded Football League

The Y's padded football league will be offered to children entering grades 4, 5, and 6. The league will run in conjunction with the Forest City High School coaching staff's philosophies and plays.

The Y is part of a football league called North Iowa Padded Football. Our teams will play against teams from Garner/Hayfield/Ventura, Lake Mills and West Hancock on **Sunday afternoons**. Our 4th grade teams will compete against other 3rd/4th grade teams and combined 5th and 6th grade teams will compete against other 5th/6th grade teams.

Important Dates

- Parent Meeting/Equipment sizing—6:00 p.m. on Monday, August 14th at the Y
- Practices—Tuesdays and Thursdays, 5:15-6:45 p.m., August 15-October 6, north of the elementary school by the wind turbine.
- Games—The schedule with game dates, times and locations will be handed out at the start of the season.

Cost

- To comply with league rules, please pre-register with partial payment of \$40 by July 10, 2017. This will allow the Y to let the league know how many teams we will include.
- \$80 for YMCA members, \$105 for guests of the Y.
- The fee covers a t-shirt, use of all equipment, and league fees.

Sign Up/Requirements to Play

- **Pre-registration and partial payment due July 10.**
- Players must be registered and paid in full by August 14 (payment can be made in two installments).
- A physical form and signed waiver are required and must be completed by August 14. **Players will not be allowed to practice without these signed forms.**
- Watch our web site, www.forestcityymca.org/youth sports for registration packets, game and practice schedules and any announcements. Schedules subject to change.
- Register in person at the Forest City Y or online (members) at www.forestcityymca.org.