



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Forest City YMCA Membership

About the Y

The Y is a **charitable**, community-service organization which promotes positive values through programs that build healthy spirit, mind, and body for all. When you're a member of the Y, you are part of a **non-profit organization** with three areas of focus:

Youth Development, because young people need caring adults to provide support, guidance and encouragement as they grow.

Healthy Living, because wellness in spirit, mind and body strengthens our very being and enhances our interactions with others.

Social Responsibility, because we truly are in this together and together we can harness our individual strengths and bring about positive change around us.

Forest City Y Overview

Forest City is proud to be one of the smallest communities in the United States to offer a full service YMCA facility. The Y offers family-oriented fun, Christian values and a state-of-the-art facility that includes a cardio room, racquetball courts, full court gymnasium, pool, spa and track. The Forest City Y serves people and families of all ages, income levels, and physical condition; with emphasis on responsibility and self improvement.

Financial Assistance Available

Through generous contributions to the **Stronger Together** Annual Support campaign, the Forest City Y provides membership assistance and scholarships so that no one is turned away due to an inability to pay full rates. For more information, visit the Front Desk.

FOREST CITY YMCA

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Membership Benefits

Your membership at the Forest City Y includes unlimited use of the entire facility including the gym, swimming pool, sauna/whirlpool, locker rooms, cardio room, weight room, indoor track, racquetball courts and game room during hours of operation.

New friends, new passions and a happier, healthier you—what's not to love?

- **Swim** year round in our indoor heated pool
- **Relax** in the whirlpool
- **Work out** with the latest cardio and strength training equipment
- **Shoot hoops** in our full court gym
- **Play racquetball** — choice of two courts
- **Walk or run** on our indoor track

More membership benefits:

- Discounted **childcare** while using the facility
- **Discounted** or **free programs** for members
- **Free wellness consultation** upon joining to help get you started on the right track
- **Free** or **discounted access** to Y's across the country as part of the AWAY program
- Two **complimentary guest passes** per year for friends and family
- Morning coffee **social** — coffee provided by Forest City's Cabin Coffee!
- **Friendly** and **trained staff** to welcome you and assist you in achieving your goals
- Select **adult fitness classes**

Optional fees include:

- Certain adult fitness classes
- Kit lockers
- Youth or adult programs (such as sports or adult leagues)
- Towel rental, racquet rental and Wally Ball equipment rental.
- Merchandise and sports equipment

Membership Rates- 2015

The Forest City Y offers affordable membership rates for families or individuals. All membership categories, except Youth, are subject to a one-time joining fee of \$50. You can pay the membership dues monthly or annually (monthly rate x 12).

Category Name	Category Description	Monthly Rate
Our best value household membership packages allow all family members to connect to the Y!		
Two Adult Plus	Household membership includes max of two adults and dependent children living at same private residence up to age 18 or full-time college through age 23.	\$46
One Adult Plus	Household membership includes one adult and dependent children living at same private residence up to age 18 or full-time college through age 23.	\$37



Category Name	Category Description	Monthly Rate
Individual membership options		
Youth	Individual membership for a child age three through high school.	\$13
Adult	Individual membership for an adult age 18-64.	\$30
Senior	Individual membership for an adult age 65+	\$23
Two Adults	Membership for two adults living at same private residence. Allows you to add a second adult at nearly a 50 % savings!	\$46

Frequently Asked Membership Questions

What types of payment methods are accepted for monthly or annual dues?

Monthly dues are deducted from a bank account on the 10th of each month. We also work with area companies for monthly or weekly payroll deduction. Check with the Front Desk for availability. Yearly membership can be paid using cash or check. MasterCard, Visa, and Discover are also accepted.

My insurance company offers a reimbursement towards membership. Does your Y participate?

Our Y does partner with certain insurance companies. Check with the Front Desk for eligibility.

Am I entering a contract for membership at the Y?

No. The Forest City Y requires that members notify us in writing of any cancellations or changes to their membership by the 5th of each month.

I was a Y member in the past. Do I need to pay the joiner's fee again?

Yes, if your membership has lapsed for more than 60 days.

How does the Y define "household"?

Our definition of a household is any adults or children who reside in the same house. Verification in the form of ID, lease statement etc. is required for all adults.

How do I apply for financial assistance?

Simply ask the Front Desk for an application. Financial assistance can also be applied to programs or youth activities. Just ask!

Please reference our Member Guide for additional information.